

Autistic Christians Support Community

Autistically speaking or being silent – and does God speak?

Piers

19 July 2025

AGENDA

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|------------------|--|
| 1. 11.00 – 11.05 | Welcome and Introduction |
| 2. 11.05 – 11.15 | Piers: Autistically speaking or being silent – and does God speak? |
| 3. 11.15 – 11.45 | Discussion (30 mins) |
| 4. 11.45 – 11.55 | Community Update |
| 5. 11.55 – 12.00 | AOB |
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| 12.00 - 12.30 | Review: How are we doing? |

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Autistically speaking or being silent – and does God speak?

Ironically, I'm speaking about 'being silent'.

I'm sharing my thoughts and experiences.
But I don't think this is a 'problem to solve'.
It's just 'me', or perhaps 'us'.

Me:

Sometimes... Don't want to speak or have nothing to say.
Speak means noise. In my head it's a complete conversation.
I'm a twin - ASD, I don't know. We talked very little.
I realised that 'shy' is NOT the same as not wishing to speak.
Self esteem plays its part - why would anyone be interested in what I think or say?
But it has its challenges: Counselling for **example**.
As a Chaplain at LTN: 'the lady in the queue' - **example**.
I don't always talk - 'out loud'. I do have endless internal conversations.
I read a comment recently, a photographer expresses his creativity through photography. I do too.

.Does God speak:

Does God Speak - I think he speaks and... I think he thinks, and I think he listens.
Interestingly, to me, God speaks silently.

A rhetorical question : Do you agree?

Bible quotes: There are many!

[Proverbs 13:3](#)

"Whoever guards his mouth preserves his life; he who opens wide his lips comes to ruin."

As autistic people, sometimes we need to 'guard our mouths' and sometimes we don't bother!

[Proverbs 29:11](#)

"A fool gives full vent to his spirit, but a wise man quietly holds it back."

A similar idea. We might hold back, outwardly, but perhaps not inwardly?

Autistically speaking or being silent – and does God speak?

Q. Does God speak?

Q. Does God understand our need to choose when we speak?

Q. Do we have to speak?

Q. Do autistic 'speakers', make good listeners.

In summary:

We are what we are.

We might be happy about it or we might not.

We might not realise or we might.

From a practical view - make notes.

From a real-world view - perhaps continue to be ourselves.

Community News

Discussion Schedule: Dates for your diary

DATE	DAY/TIME	CFE-Autism DISCUSSION TOPIC	SPEAKER	CHAIR
Aug 2025		Summer Break: No meeting		
20 Sept 2025	Sat 11am	“There’s no such thing as ‘normal’ – we are all special”	Stewart	Stewart
18 Oct 2025	Sat 11am	TBC		
15 Nov 2025	Sat 11am	TBC		
13 Dec 2025	Sat 11am	TBC		

CHURCH FOR EVERYONE - LIST OF POSSIBLE DISCUSSION TOPICS

No	Topic
6	Autism and ADHD
7	Helping churches become more 'autism friendly' (Case Studies)
8	Update from Peter Coxe at L'Arche
9	Rules and Tricks for Autistic flourishing: Can project management ideas help?
10	Building helpful and 'impactful' relationships outside meetings
~~11~~	~~Autistically speaking or being silent – and does God speak?~~
12	Humour, Faith and Autism
13	Autism and Other Faiths
14	Battling with Diagnosis and Govt benefits bureaucracy
15	Coping with (or avoiding?) formal exclusion (from ministry, job etc.)
16	The Book of Common prayer & liturgy: Good for autistic people?
17	Autism, Spirituality and Addiction
18	Learning from close family and friends: Can they help us find 'ways through'?
19	Do we, as autistic people, sometimes bully those who are NT?