

Church For Everyone – Autism Community

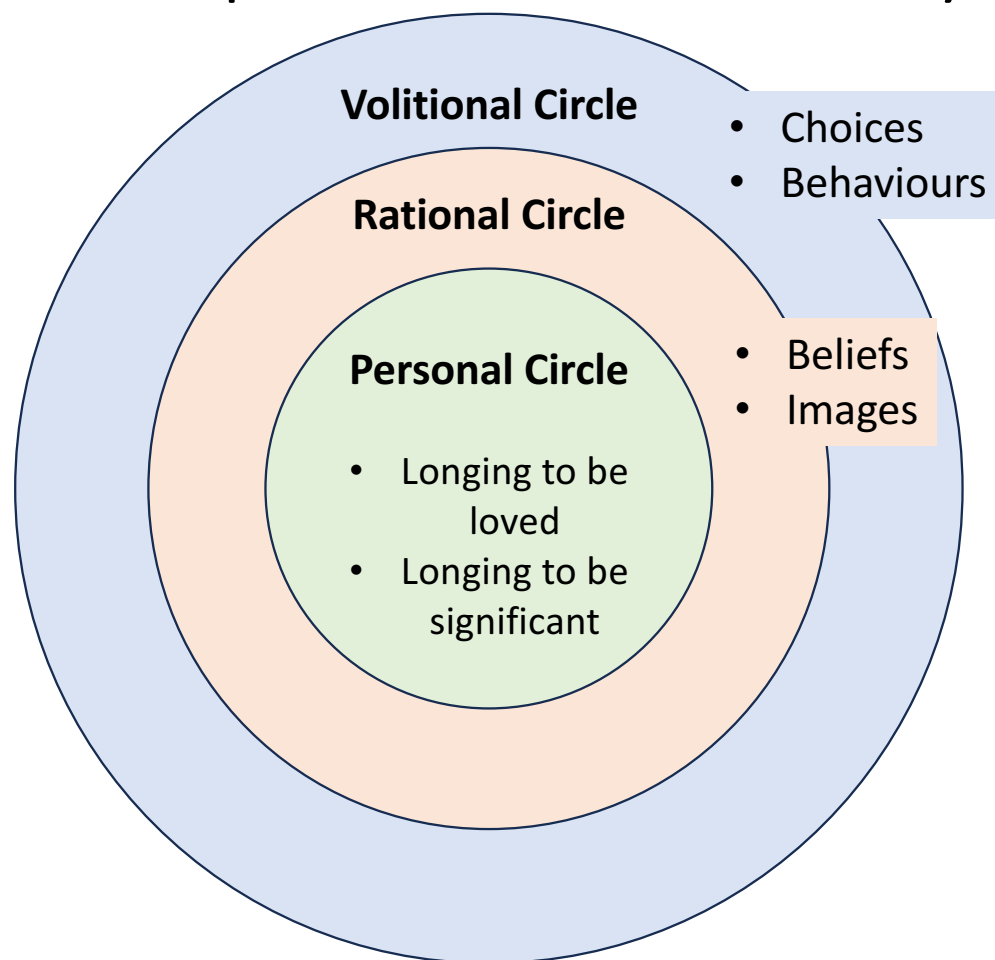
Autism and Anxiety: Part 4 – Q&A extra + link to Depression
Stewart

May 2024

Agenda

- | | |
|------------------|---|
| 1. 11.00 – 11.05 | Welcome and introduction |
| 2. 11.05 – 11.45 | Anxiety – Part 4 – Q&A extra + link to Depression |
| 3. 11.45 – 11.55 | BBC Service Update |
| 4. 11.55 – 12.00 | AOB |
| ----- | |
| 12.00 - 12.30 | Social time for those who wish to stay on. |

Depression & Anxiety (Larry Crabb)



These notes are based on a Larry Crabb Biblical Counselling Course that I attended in the 1980s. They provide a relatively simple 'way in' to thinking about anxiety, anger and depression.

Crabb's Model

- We are driven by the Goal of satisfying the existential longings in the Personal Circle.
- Anxiety: The Goal becomes **uncertain**
- Anger: Goal **blocked**
- Depression: Goal **radically blocked**

NB Depression can be caused by many things – e.g. 'chemical imbalance'
Crabb's book 'Inside Out' may have later ideas.

Anxiety Q&A Extra

Key point of interest last time –

What ideas do we have?

What have people earned or found helpful?

BBC Sunday Worship Service Update

The latest from Philip Bilson (BBC Producer) is that:

1. We have been 'bumped' from the 21 July broadcast date – as there is a live broadcast from Liverpool Cathedral on that date.
2. Our service will go ahead – but more likely to be autumn – maybe November.
3. Philip is suggesting that we forget the 'studio session' – and record the group discussion as an online session. This creates some flexibility for us, but I may re-visit this with Philip as there are 'plusses' to the studio approach – especially as we now have more time to organise.

BBC Sunday Worship Service Current Status

Time	Proposer	Comments
Testimony	Franceska	Initial draft submitted
Song Suggestions	Sue	Jesus Put This Song Into Our Hearts There is one Lord – Taize Love Divine, All loves Excelling (as final hymn)
Studio Discussion	Stewart	Initial draft submitted – Studio date requested: 17 or 19 June – NOW TEAMS?
Closing prayer & Blessing	Sue	Initial draft and recording submitted
Testimony	Sue	Initial draft and recording submitted
Short Testimony	Sue	Initial draft and recording submitted
Reading (Scripture)	Catherine/Piers?	
Reading (Theres of Lisieux)	Ruthie?	Is there an autistic actor who could read this?
Music – Rei?	Grant?	
Music – John Swinton?	Grant?	
Music	?	Christopher Duffey (Amazing Grace). Can anyone introduce?
Music	Hannah	‘Act Justly, Love Mercy, Walk Humbly’ – Pat Barrett
Music	Hannah	‘Army of Love’ by TrueSong – happy to introduce?
Music	Neil	Mike Oldfield – Liberation – happy to introduce?
Reflection	Grant?	
Prayer	Jonathan/Ruthie?	



AOB 1

A 'Church For Everyone' Webinar

Presented by: St James and Emmanuel Church Didsbury

In association with the Centre for Autism and Theology, Aberdeen University

Practical Theology for Today's Church

Made in the Image of God

Imago Dei: A theological basis for 'Belonging'?

22 October 7.30-9.30 BST

Please hold the date! Registration details will be available shortly.

AOB 2

My church is organising an Autism Awareness event and I am taking on leading the organisation of it. I am keen to include as much lived experience as possible, and wondered whether I could ask if people could email me if they have anything they think it is important for churches to know in terms of barriers and making churches more welcoming to us.

Thanks,

Hannah